



Workshop to Look at Opportunities for Personal Growth in Persons with Dementia

August 31, 2016

London, ON – A workshop on how those living with dementia can experience moments of experts Dr. Stephen Post and Dr. Pia Kontos on Thursday, September 22, 2016, at 2:30 p.m.

McCormick Dementia Services (formerly Alzheimer Outreach Services), the McCormick Care Foundation and Highview Residences are proud to partner in offering “Dementia: Hope, Ethics and Engagement” to the London community. The free event will be held at the Forest City Community Church, 3725 Bostwick Road in London. Pre-registration is required.

“We are pleased to be partnering with Highview Residences, known for their excellence in Alzheimer care, to offer this important workshop to the community,” says Lynne Ryckman, director of the McCormick Care Foundation. “Our organizations agree with the philosophy that it is more important ‘to be with than to do’ when serving those who are living with dementia.”

Please visit dementiahope.eventbrite.ca to register by September 10, 2016.

About Dr. Stephen Post (from stephengpost.com)

A leading expert on giving, happiness, health, and success and a medical school professor for nearly three decades, Dr. Stephen Post has authored hundreds of articles in leading journals and is a frequent speaker on practical approaches for health care professionals and students worldwide. As author of *The Moral Challenge of Alzheimer Disease*, Stephen provides thought-provoking and useful information on major issues related to developmental cognitive disabilities and dementia.

About Dr. Pia Kontos (from ccqhr.utoronto.ca)

Dr. Pia Kontos obtained her PhD in Public Health Sciences at the University of Toronto. She is a senior scientist at Toronto Rehabilitation Institute-University Health Network, and an associate professor at the Dalla Lana School of Public Health, University of Toronto, where she teaches *Theory and Method for Qualitative Researchers: An Introduction*. She is cross-appointed to the Rehabilitation Sciences Institute and the Institute of Medical Science, and serves as an Advisory Board member of *The International Journal of the Creative Arts in Interdisciplinary Practice and Dementia: The International Journal of Social Research and Practice*.

About Highview Residences

Highview Residences specializes in providing permanent and respite care to individuals with Alzheimer disease and related dementias, and to the frail elderly. Highview is committed to providing quality of care that meets each resident’s physical, social, spiritual and emotional needs.

About McCormick Dementia Services

Since 1985, McCormick Dementia Services has been offering day programs for people challenged by dementia as well as support programs for their caregivers. The organization is committed to preserving the dignity and quality of life for those impacted by dementia and offers a program based on person-centred care.

About the McCormick Care Foundation

The McCormick Care Foundation is committed to enhancing quality of life by raising funds for the life enrichment programs offered at McCormick Dementia Services and McCormick Home. Since 1984, the Foundation has contributed more than \$1 million in support of the clients and residents cared for by these two organizations.

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