

McCormick Day Program Fall/Winter 2018/19 Menu

Monday - Week 1	Tuesday - Week 1	Wednesday - Week 1	Thursday - Week 1	Friday - Week 1	Saturday - Week 1	Sunday - Week 1
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scrambled Eggs WW Toast w/Margarine Banana	Cream of Wheat Poached Egg WW Toast w/Margarine	Scrambled Eggs WW Toast w/Margarine	Oatmeal Scrambled Eggs WW Toast w/Margarine	Oatmeal Boiled Egg Buttered Raisin Toast	Cream of Wheat Scrambled Eggs WW Toast w/Margarine	Oatmeal Poached Egg Crispy Bacon WW Toast w/Margarine
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Cream of Potato Soup Roast Beef Sandwich Apple Coleslaw Butterscotch Ice Cream	Beef Noodle Soup Turkey Cranberry Sandwich Creamy Cucumber Salad Blueberries	French Onion Soup Cheese Pizza Garden Salad Rice Pudding	Chicken & Rice Soup Beef Pot Pie Beef Gravy Broccoli Baked Peanut Butter Cookie	Vegetable Soup Macaroni & Cheese Herbed Tomato Medley Raspberries w/Whip Topping	Minestrone Soup Philly Steak Sandwich Green Beans Lemon Tart	Cream of Chicken Soup BBQ Pulled Pork On A Bun Sauteed Onions & Mushrooms Vanilla Pudding
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Pork Tenderloin Brown Gravy Mashed Potatoes PEI Mixed Vegetable Black Forest Cake	Salisbury Steak w/Gravy Mashed Potatoes Diced Squash Lemon Cake	Baked Fish w/Lemon Butter Mashed Potatoes Green Peas Nanaimo Bar	Lamb Meatloaf Mashed Potatoes California Mixed Vegetables Boston Cream Cake	Oktoberfest Sausage Sauerkraut Mashed Potatoes Braised Red Cabbage Baked Apple Slices	Chicken Ala King Tea Biscuit Brussels Sprouts Maple Chocolate Cake	Roast Beef Parsley Boiled Potatoes Asparagus Cherry Pie

Monday - Week 2	Tuesday - Week 2	Wednesday - Week 2	Thursday - Week 2	Friday - Week 2	Saturday - Week 2	Sunday - Week 2
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Cream of Wheat Scrambled Eggs	Oatmeal Boiled Egg Buttered Raisin Toast	Oatmeal Scrambled Eggs WW Toast w/Margarine	Oatmeal Poached Egg	Cream of Wheat Boiled Egg WW Toast w/Margarine	Oatmeal Scrambled Eggs WW Toast w/Margarine	Oatmeal Poached Egg Crispy Bacon WW Toast w/Margarine
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Cream Of Mushroom Soup Hamburger w/Condiments Lettuce, Tomato & Onion Garnish PEI Mixed Vegetable Mini Donut	Chicken Noodle Soup Egg Salad Sandwich Broccoli Salad Ice Cream Sandwich	Cream of Tomato Soup Cod Nuggets Potato Puffs Creamed Corn Vanilla Caramel Cake	Beef Barley Soup Vegetable Quiche Hashbrowns Sauteed Onions & Peppers Mini Cupcake	Cream of Potato Soup Turkey Pot Pie Poultry Gravy Asparagus Jello w/Topping	Breakfast Sausage Cheese & Lettuce Croissant Belgian Waffle Peaches & Pears Butterscotch Pudding	Vegetarian Lentil Soup not open face Turkey On WW reas & mushrooms diceu Cantaloupe
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Krunchie Perch Mashed Potatoes Creamy Coleslaw Apple Crisp	Beef Chili WW Dinner Roll Herbed Parsnip Butter Tart	Roast Turkey Poultry Gravy Mashed Potatoes Zucchini Bread Pudding	Beef Pot Roast Mashed Potatoes Beef Gravy Braised Red Cabbage Apple Brown Betty	Meat Lasagna Garlic Bread Caesar Salad Banana Cake	Oven Fried Chicken Baked Potato Sour Cream Broccoli Bar Macaroon Madness	Herbed Roast Pork Pork Gravy Mashed Potatoes Buttered Parmesan Corn Lemon Meringue Pie

McCormick Day Program Fall/Winter 2018/19 Menu

Monday - Week 3	Tuesday - Week 3	Wednesday - Week 3	Thursday - Week 3	Friday - Week 3	Saturday - Week 3	Sunday - Week 3
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Oatmeal Scrambled Eggs WW Toast w/Margarine	Cream of Wheat Poached Egg WW Toast w/Margarine	Oatmeal Boiled Egg Buttered Raisin Toast	Oatmeal Scrambled Eggs WW Toast w/Margarine	Oatmeal Boiled Egg WW Toast w/Margarine	Cream of Wheat Scrambled Eggs WW Toast w/Margarine	Oatmeal Poached Egg Crispy Bacon WW Toast w/Margarine
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Vegetable Beef Soup Macaroni & Cheese Broccoli Rice Pudding	Cream Of Cauliflower Soup Beef Pot Pie Beef Gravy Corn Niblets Cinnamon Roll	Cream of Broccoli Soup Open Faced Hot Beef Beef Gravy Herbed Parsnip Baked Shortbread Cookie	Cream of Chicken Soup Fish Burger On A Bun Lettuce & Tomato Garnish Green Peas & Corn Vanilla Ice Cream Naan Bread	Beef Barley Soup Hot Dog Bun Onion Diced Tossed Salad Blueberries w/Whip Topping	Minestrone Soup Cabbage Roll Garden Salad WW Dinner Roll Brownie	Cream of Celery Soup Ham & Swiss Sandwich Greek Salad Jello w/Topping
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Battered Fish Baked Potato Wedges Coleslaw Vinaigrette Cake Carrot	BBQ Boneless Ribs Mashed Potatoes California Mixed Vegetables Peach Crisp	Baked Glazed Ham Mustard Scalloped Potato Diced Squash Maple Chocolate Cake	Salisbury Steak Beef Gravy Mashed Potatoes Sunrise Mixed Vegetables Lemon Cranberry Loaf	Breaded Sole French Fries Lemon Broccoli Cake Orange Citrus	Mushroom Baked Pork Chop Mashed Potatoes Creamed Corn Bread Pudding	BBQ Baked Chicken Leg Baked Potato Sour Cream Peas & Carrots Apple Pie

Monday - Week 4	Tuesday - Week 4	Wednesday - Week 4	Thursday - Week 4	Friday - Week 4	Saturday - Week 4	Sunday - Week 4
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Cream of Wheat Scrambled Eggs WW Toast w/Margarine	Oatmeal Boiled Egg Buttered Raisin Toast	Oatmeal Scrambled Eggs WW Toast w/Margarine	Oatmeal Poached Egg WW Toast w/Margarine	Cream of Wheat Boiled Egg WW Toast w/Margarine Banana	Oatmeal Scrambled Eggs WW Toast w/Margarine	Oatmeal Poached Egg Crispy Bacon WW Toast w/Margarine
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Noodle Soup Turkey Burger On A Bun Mayonnaise Sweet Potato Fries Corn Niblets Vanilla Tart	Vegetable Barley Soup Chicken Fingers Plum Sauce Potato Puffs Diced Squash Mini Cupcake	Turkey & Rice Soup Tuna Salad Sandwich Garden Salad Chocolate Pudding w/Topping	Cream Of Cauliflower Soup Egg Salad Sandwich Greek Salad Butter Tart Bar	Turkey & Rice Soup Open Face Hot Pork Brown Gravy Brussels Sprouts Orange Sherbet	Cream of Mushroom Soup Chicken Burger On A Bun Sauteed Mushrooms Strawberries w/Whip Topping	Cream of Tomato Soup Fish Sticks Baked Potato Wedges Lemon Broccoli Chocolate Mousse
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Baked Glazed Ham Mustard Scalloped Potato Italian Mixed Vegetables Nanaimo Bar	Krunchie Perch Beef Gravy Mashed Potatoes California Mixed Vegetables Apple Brown Betty	Shepherd's Pie Beef Gravy Mashed Potatoes Herbed Parsnip Baked Apple Slices	Turkey Potato Au Gratin Cranberry Sauce Peas & Carrots WW Dinner Roll Rhubarb Crisp	Chicken Breast Dijon Mashed Potatoes Winter Mixed Vegetable Cake Chocolate Fudge	Roast Lamb Mint Jelly Brown Gravy Mashed Potatoes Buttered Parmesan Corn Lemon Bar	Roast Turkey Poultry Gravy Mashed Potatoes Sunrise Mixed Vegetables Banana Cream Pie