

Monday	Tuesday	Wednesday	Thursday	Friday
3 DAY PROGRAM CLOSED	4	5 7:00 to 8:30 p.m. Frontotemporal Dementia Caregiver Support Group 7:00 to 8:30 p.m. Caregiver Support Group	6 1:00 to 1:45 p.m. Early Stages Support Group	7 10:30 to 11:30 a.m. Meaningful Activities Support Group
10 1:00 to 2:15 p.m. Enhanced Caregiver Education: Practical Communication Strategies	11	12 10:00 to 11:30 a.m. Spousal Support Group 1:00 to 2:30 p.m. Spousal Support Group	13	14
17 1:00 to 2:15 p.m. Enhanced Caregiver Education: Practical Communication Strategies	18	19 1:00 to 2:30 p.m. Lewy Body and Parkinson's Disease Dementia Caregiver Support Group	20 1:00 to 1:45 p.m. Early Stages Support Group	21
24 1:00 to 2:15 p.m. Enhanced Caregiver Education: Practical Communication Strategies	25	26 10:00 to 11:30 a.m. Spousal Support Group 1:00 to 2:30 p.m. Spousal Support Group 7:00 to 8:30 p.m. Minding Your Mind Webinar	27	28
31 1:00 to 2:15 p.m. Enhanced Caregiver Education: Understanding Behaviours with Practical Strategies				

If you are interested in joining any of the social work education or support groups, please contact your social worker at 519-439-9336.